

LEARNING JOURNEY SPANISH

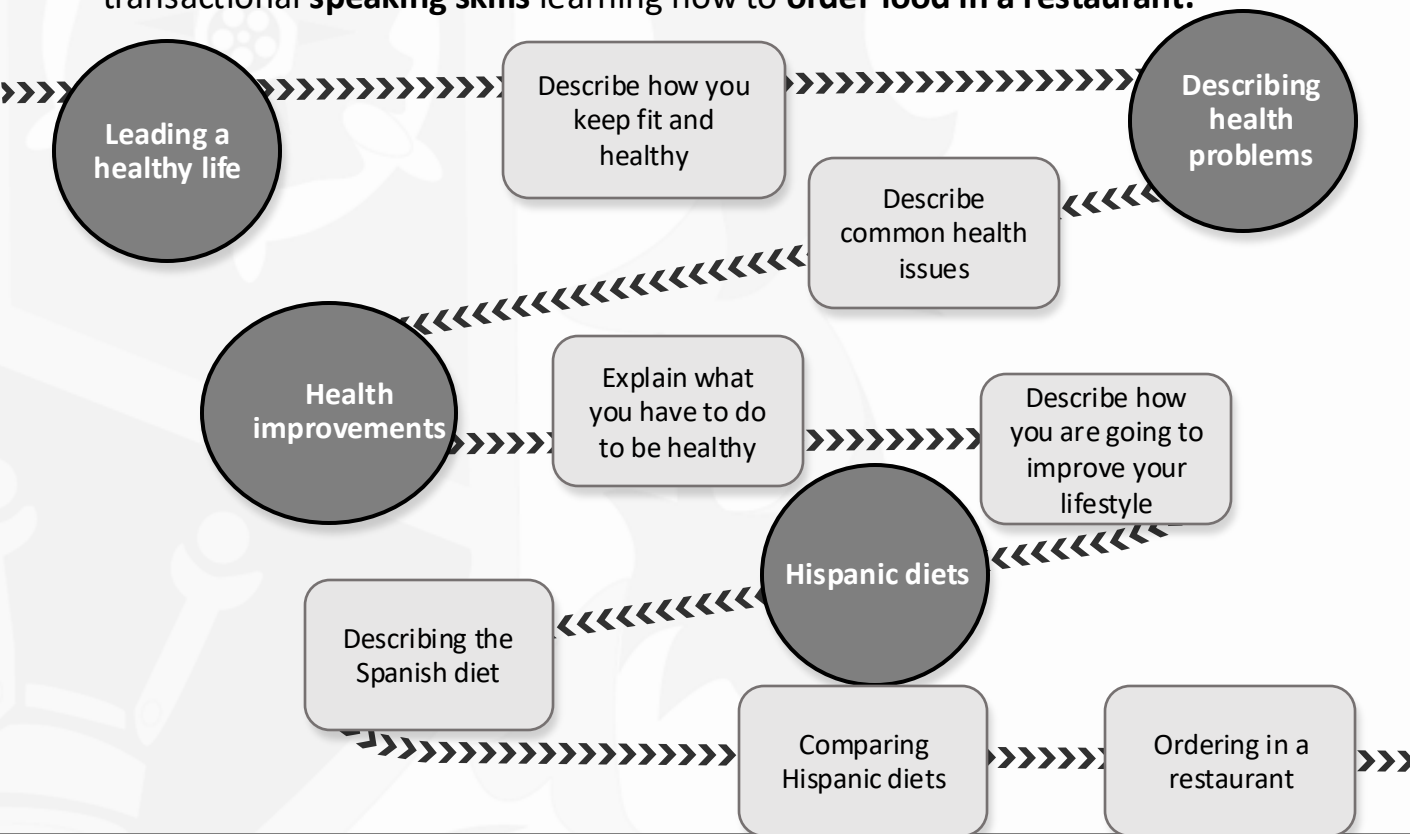


La Vida Sana (Healthy Living)

Year 10 Autumn 2



In Autumn 2, you will use **para + infinitive** and the **present tense** to describe **what you do to keep fit and healthy**. You will be exposed to **expressions using 'tener'** when understanding and explaining **common health issues**. You will use **'tienes que / se debe + infinitive'** and **future tense** when explaining what you have to do and are going to do **to improve your health and your lifestyle**. You will **compare and contrast Hispanic foods and diets** with your own diet, retrieving and consolidating knowledge of **comparatives**. Finally, you will consolidate transactional **speaking skills** learning how to **order food in a restaurant**.



TUDOR HABITS: As we discuss aspects of healthy living, you need to be **reflective and analytical** in knowing how best to ensure you stay healthy. You will demonstrate **curiosity** when exploring the Spanish diet and lifestyles and when looking at cuisines from around the world.

VOCABULARY: TIER 2

Para + llevar una vida sana/estar en forma = in order to lead a healthy life / to be fit

Evitar (to avoid)

Cambiar (to change)

Mejorar (to improve)

Tengo / Tienes que (I / you have to)