

LEARNING JOURNEY



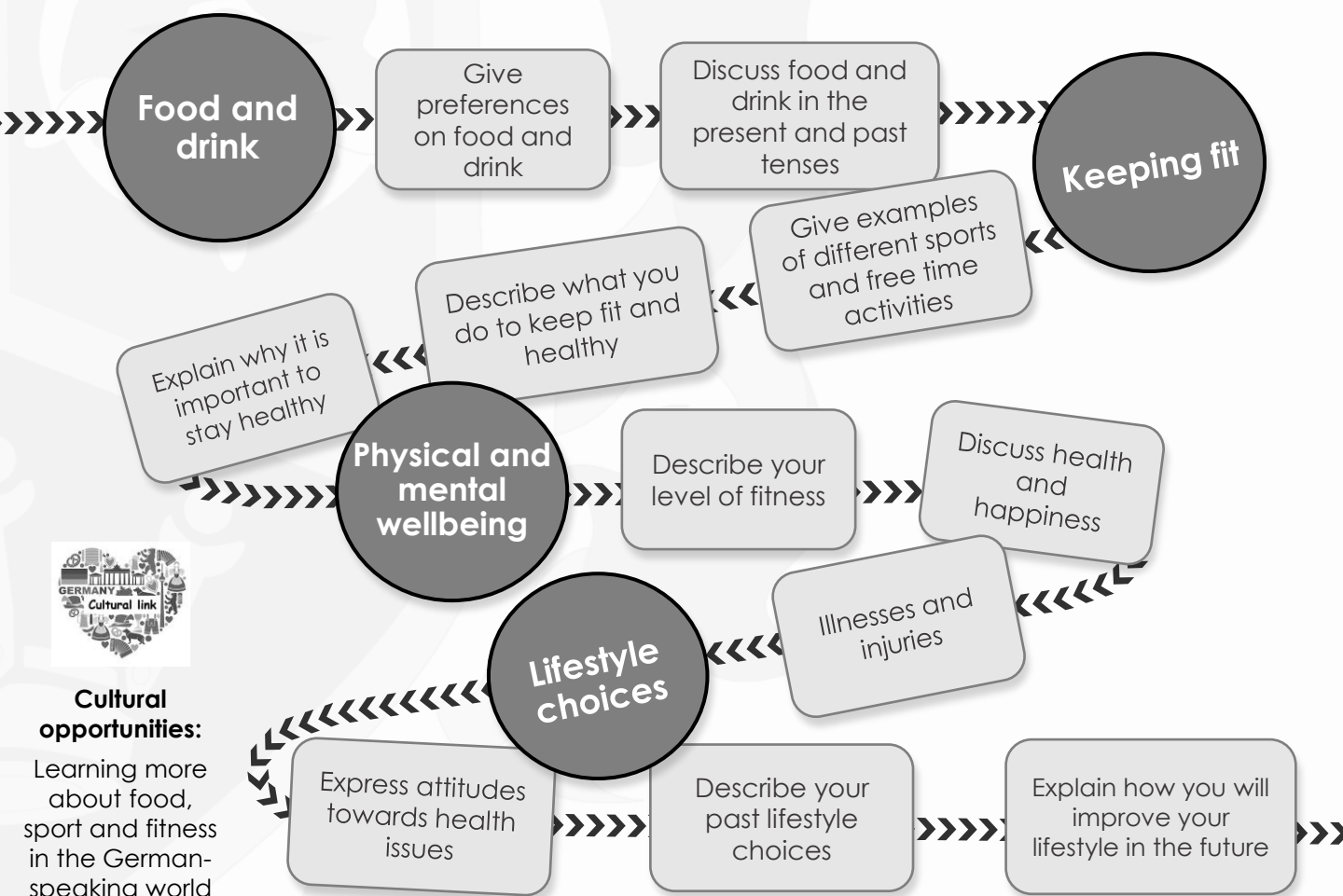
DEUTSCH



Healthy Living

Year 10 Autumn Term 2

This topic brings together **a range of vocabulary and structures** that you have covered during KS3, and explores them at a **more advanced level**. You will revisit vocabulary related to **food, drink and sport**, as well as **preferences structures and the perfect tense** (past tense). You will then **deepen your knowledge of lifestyle choices**, by considering the connections between **physical and mental wellbeing**, as well as attitudes towards alcohol, smoking and drugs. **Drawing on your knowledge from RSHE**, this will enable you to discuss a wider range of aspects related to health in a balanced and mature manner.



Cultural opportunities:

Learning more about food, sport and fitness in the German-speaking world

TUDOR HABITS:

Be reflective: As well as reflecting on your own preferences, fitness and lifestyle choices, this unit provides the opportunity to revisit a variety of structures and tenses and refine your understanding of these fundamental concepts.

TIER 1 GERMAN VOCABULARY:

vermeiden (to avoid)
sondern (but)
der Lebensstil (lifestyle)
gefährlich (dangerous)
sich bewegen (to move/ exercise)