

Tudor Grange Academy Solihull

CURRICULUM MAP

RSHE

**KEY
STAGE 3**

AUTUMN

SPRING

SUMMER

Y7

Marriage and the Family and Personal safety including roads, knives and first aid

Personal Hygiene, infections, and puberty

Dream jobs, body image, mental health and the biological aspects of sex

Y8

Positive and negative relationships, peer groups and online safety

Sexual health, fertility, reproduction and goals and aspirations

Exploitation, abuse, violence, harassment and mental health

Y9

Issues that can arise in relationships, realistic relationships and addiction

Money management, politics, and GCSE options

Intimacy and contraception, stress and healthy choices

**KEY
STAGE 4**

AUTUMN

SPRING

SUMMER

Y10

Peer pressure and preparing for work

Human rights, core computing and drugs and cosmetics

Sexual choices and consequences and extremism

Y11

Post-16 options and mental health and cancer

STIs and Pregnancy and Core Computing

Money Management

**KEY
STAGE 5**

AUTUMN

SPRING

SUMMER

Y12

Learning and character skills, men's health, coercive behaviour, sexual relationships, pregnancy and parenthood, online safety

Post-18 careers and options, mental health, challenging stereotypes, study skills,

Apprenticeships, personal statements, study skills for exams, managing exam stress, body image,

Y13

Financial choices and risks, mindfulness and wellbeing, social skills

University transition including managing risks, seeking support, personal safety including relationships and illness, money management

Mental health and exam stress, being financially independent and responsible