



Safeguarding newsletter

May 2024

The aim of the newsletter is to share, key related information, in an effort, to better improve communication between the Academy and you as parents / carers.

This newsletter shares some information for parents regarding various support sites to help your child with their mental health and exam advice



SUMMER TERM 2024

Open to all Solihull parents and carers



EMPOWERING
PARENTS
EMPOWERING
COMMUNITIES

BEING A PARENT GROUPS

Led by trained parent volunteers, the groups provide you with the tools to help manage challenging behaviour, improve communication, and build a positive relationship with your child.

The Being a Parent groups will be delivered both face-to-face and virtually, starting with a welcome session & then running weekly for a further 8 sessions:

TUESDAY	Virtual via Microsoft Teams	6pm – 7.30pm	30/4/24 – 2/7/24
WEDNESDAY	Dickens Heath School (B90 1NA)	9.30am – 11.30am	1/5/24 – 3/7/24
WEDNESDAY	Marston Green Infants (B37 7AA)	9.30am – 11.30am	1/5/24 – 3/7/24
FRIDAY	Kingshurst Primary School (B37 6BN)	9am – 11am	3/5/24 – 5/7/24

UNDERSTANDING YOUR CHILD

Led by Solihull professionals, the group aims to help you to manage challenging behaviour and improve communication, as well as building and understanding your relationship with your child. The group target age is 4-11 years, delivered face-to-face for 10 sessions:



TUESDAY	Renewal Family Centre (B91 2JY)	9.30am – 11.30am	30/4/24 – 9/7/24
THURSDAY	Evergreen Family Hub (B37 6DX)	9.30am – 11.30am	2/5/24 – 11/7/24

FIVE TO THRIVE

For parents with children aged up to 2 years, the FIVE TO THRIVE building blocks explore practical things you can do to enhance your child's brain development, increase confidence in parenting and meet local parents.



TUESDAY The Bridge, Shirley (B90 3AG) 10am – 12pm or 1pm – 3pm 16/4/24 – 21/5/24 4/6/24 – 9/7/24	THURSDAY Saxon Court, Chelmsley Wood (B37 7RF) 12.30pm – 2.30pm 18/4/24 – 23/5/24 6/6/24 – 11/7/24
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Book your place now, or find out more by contacting Solihull Parenting Team at: bsmhft.parenting@nhs.net or book via the Eventbrite QR code below:



Believe in
children
Barnados

Solihull
Primary School
Barnard Road
Solihull

Young Carers



There is now a Young carers board that is based in Willow for students who may be Young carers and would like more support and information.

There is also a box placed in student services for anyone who would like support.

They can place a note in the box with their name and they will be supported by one of the team.

- The Young carers Champion is Miss Reed DDSL
- The Young Carers Lead is Miss Thompson DSL

We will be starting a Young carers club which will take place every **Wednesday 12.25-1.55pm** in WG15.

This will be a wonderful way for students who are Young carers to come along and meet others who are experiencing the same and to enjoy some delicious snacks, games and conversation



Railway safety

Over 21 million students, parents and teachers from across the UK have already watched these videos which has led to a significant decrease in the number of fatalities and injuries in their area through watching the rail safety videos.

‘The tragic death of Harrison in 2017, when he was in Year 7 at Guilsborough Academy, brought home to our community the importance of teaching our children about safety on the railways. Schools play a vital role in keeping our children safe.’ –

Please take the time to share this resource with your children.

NEW Secondary school version: Age 11-16

<https://learnliveuk.com/network-rail-secondary-school-safety-talk/>



Giving hope to grieving children

How can Winston's Wish help grieving young people?

When someone dies, it can be hard to know what to think, feel or do next. Whether it's a parent, sibling, friend or someone you admired from afar, suddenly not having them in your life can feel scary and upsetting.

We're here to let you know that whatever it is you're feeling (or not feeling), it's valid and it's ok. There's no right or wrong way to grieve. And there's no set formula to 'get over' it. Instead, we can learn to live with our grief and build a life around our loss.

At Winston's Wish, we provide lots of online support that can help you to make sense of your grief, express your feelings and find healthy ways to cope.

You can find advice and stories from other grieving young people over on Talk Grief – a dedicated online space for teenagers and young adults (13 to 25). Visit talkgrief.org.

If you'd like to speak to someone about your grief you can reach out using our live chat, help and support line, by email or over text. You don't need to join a waiting list and you can speak to a bereavement professional right away.

<https://www.winstonswish.org/supporting-you/grief-support-young-people/>