



Safeguarding newsletter

March 2024

The aim of the newsletter is to share, key related information, in an effort, to better improve communication between the Academy and you as parents / carers.

Please see below some information that has been shared on the TGAS website regarding an 8-week workshop that may be useful for some parents. This is in the form of an 8 sessions for parents of children aged 2-12yrs old and the outline of the program is attached.

Being a Parent

A **Free** 8 week group for solihull parents of children aged 2-12

Commands, consequences & rewards

Listening skills

Communicating with your child



Setting boundaries

Saying No

Coping with Stress

Groups available online or in person

Understanding your child's behaviour



Book your place now

bsmhf.parenting@nhs.net

0121 301 2773



Believe in children
Barnardo's

Being a Parent outline

Session 1: Being a Parent

- Getting to know each other
- Goals for parent and child
- 'Good enough' vs 'perfect' parent
- Taking care of ourselves

Session 2: Feelings

- Remembering what it was like to be a child
- Acknowledging and accepting feelings
- Expressing feelings

Session 3: Play and listening

- Child-led play

Session 4: Valuing my child

- Avoiding 'labels' and describing behaviour
- Using descriptive praise to change behaviour

Session 5: Understanding children's behaviour

- Understanding children's needs and their behaviour in response to needs
- Discipline
- Commands, consequences, rewards and star charts

Session 6: Discipline strategies

- Understanding what we mean by boundaries
- Time out and saying 'no'
- Planned vs unplanned discipline responses
- Household rules

Session 7: Listening

- Communication styles
- Helping a child when upset
- 'Open' and 'Closed' questions
- Reflective listening

Session 8: Review and support

- Coping with stress and anger
- Reviewing the course & knowing where to get support
- Ending and celebration

Ministers confirm plan to ban use of mobile phones in schools in England

Teaching unions say guidance includes practices already adopted and most schools already have policies in place



Ministers have confirmed plans to ban the use of mobile phones in English schools, releasing guidance for headteachers which some unions said included practices that had already been widely adopted.

However, one headteacher welcomed the Department for Education (DfE) plan, saying it would help give schools the confidence to make a change which would benefit pupils but could meet resistance from parents.

The guidance is not statutory and offers schools a variety of ways to implement the ban, ranging from an order to leave all phones at home, to handing them in on arrival or keeping them in inaccessible lockers, or allowing students to keep them on condition they are not used or heard.

The proliferation of smartphones in schools – Ofcom data says 97% of children have one by the age of 12 – has brought concerns about not just distraction but the potential for bullying or other social pressure.

There are also wider worries about phone use by children and the harmful content they can access. Esther Ghey, mother of the murdered teenager Brianna Ghey, has called for tech companies to do more on this, and for under-16s to be stopped from accessing social media.

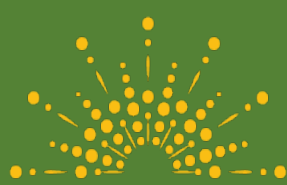
Ghey has also argued for phone manufacturers to make specific products for under-16s which prevent them from accessing harmful content, after it emerged that the killers of her daughter viewed violent material before the murder.

Gillian Keegan, the education secretary, said: “Schools are places for children to learn and mobile phones are, at a minimum, an unwanted distraction in the classroom. We are giving our hard-working teachers the tools to take action to help improve behaviour and to allow them to do what they do best – teach.”

The 13-page DfE guidance says the policy on phones should be clearly communicated to pupils, with the reasons for it also explained. It adds that teachers should not be seen in schools using a phone except when necessary for work.

Parents also needed to be involved in the ban, it says, with a reminder that they should contact students via the school office rather than directly.

Writing in a foreword to the guidance, Keegan said it was “about achieving clarity and consistency in practice, backing headteachers and leaders and giving staff confidence to act”, and argued that there was currently much variation in how schools managed the use of phones.



SHINE YOUTH

restoring hope

Here at Tudor Grange Academy Solihull, we are always trying to find new ways to help support our students and work with external agencies who can provide support regarding their mental wellbeing. Such as how to overcome anxiety, Build self-esteem and Healthy male wellbeing.

This work could be done in group sessions or if required on a 1-1 basis.

Pastoral mentoring and wellbeing groups are an important part of early intervention work.

Shine youth have started to do some work with some of our students and we are very excited to see how the classes go and the outcome of the work that that will be applied in those courses.

Shine youth have a website that shares all the information about the work they do as well as a Youth café which takes place for years 7-13 in term time. Please see the link attached for more information about the amazing work they do.

<https://www.shineyouth.org.uk/what-we-do>



*A place to
Hangout.
Be Yourself.
Be with others &
Learn new skills*

