

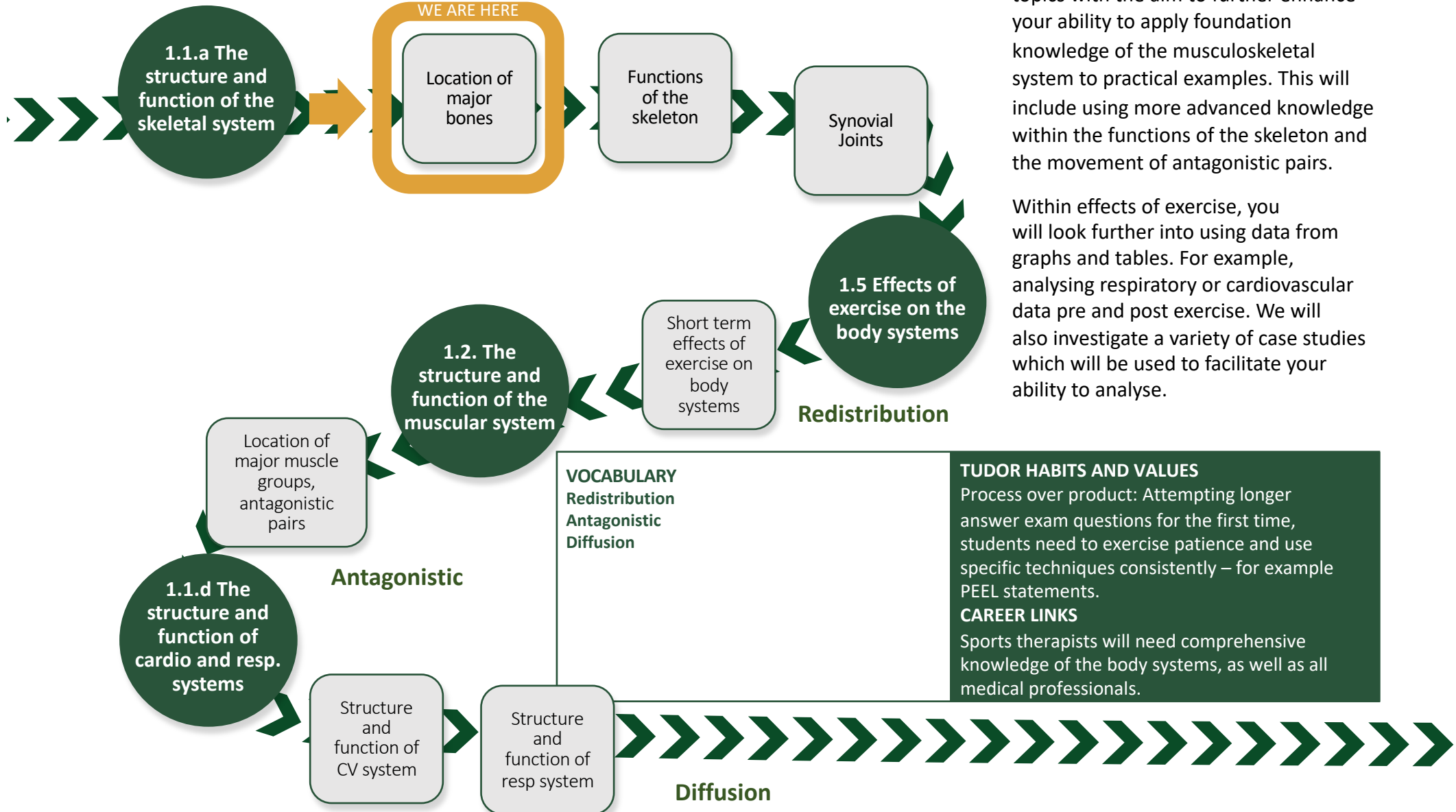
Autumn Term 2



LEARNING JOURNEY

PE

Applied Anatomy and Physiology



You will revisit a variety of physiological topics with the aim to further enhance your ability to apply foundation knowledge of the musculoskeletal system to practical examples. This will include using more advanced knowledge within the functions of the skeleton and the movement of antagonistic pairs.

Within effects of exercise, you will look further into using data from graphs and tables. For example, analysing respiratory or cardiovascular data pre and post exercise. We will also investigate a variety of case studies which will be used to facilitate your ability to analyse.

VOCABULARY
 Redistribution
 Antagonistic
 Diffusion

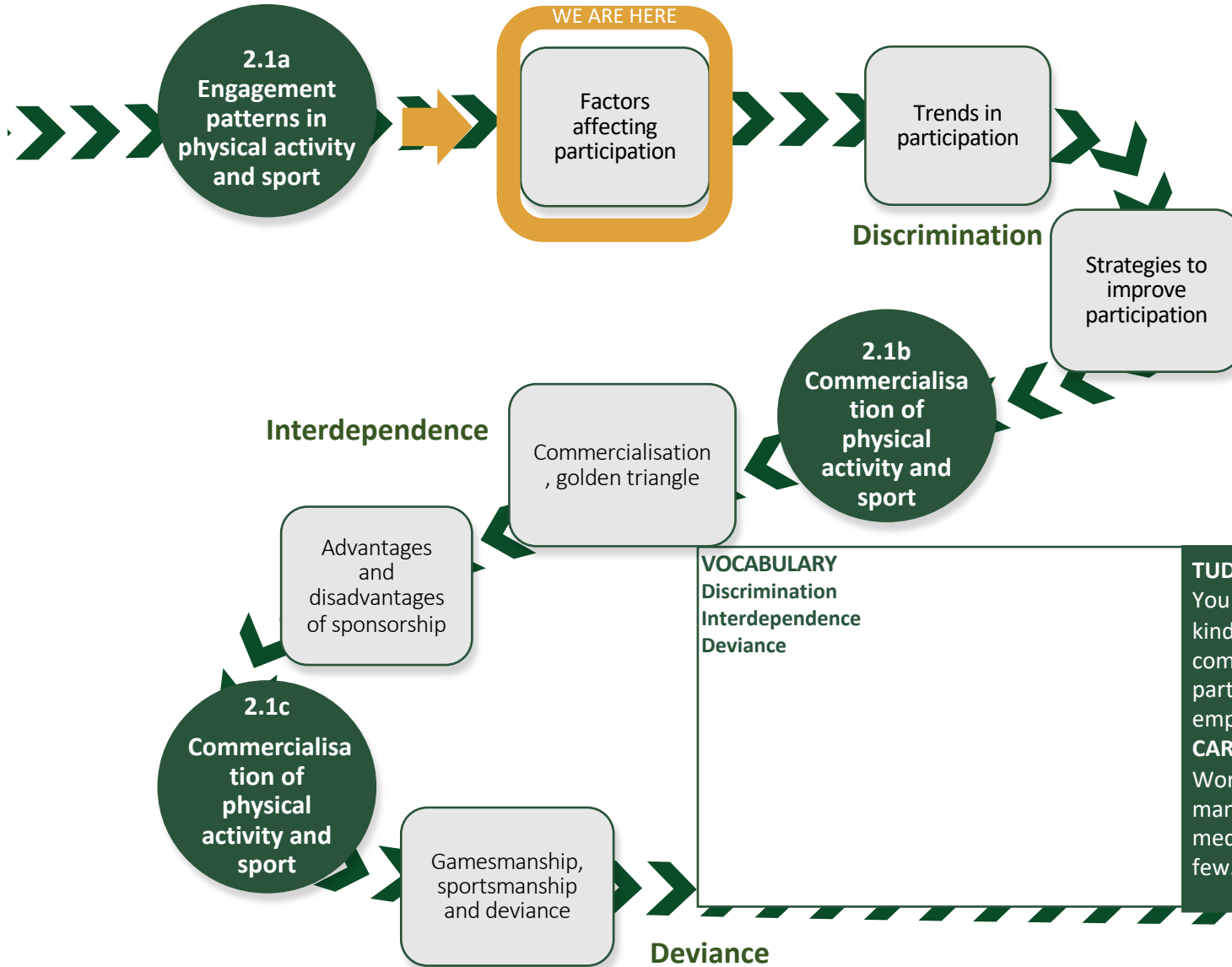
TUDOR HABITS AND VALUES
 Process over product: Attempting longer answer exam questions for the first time, students need to exercise patience and use specific techniques consistently – for example PEEL statements.
CAREER LINKS
 Sports therapists will need comprehensive knowledge of the body systems, as well as all medical professionals.



LEARNING JOURNEY

PE

Socio-Cultural Influences



This term will focus on recapping the way a society can influence our engagement in physical activity. How sport can become a 'fashion' and how this will then go on to influence how society sees that sport. You will explore further the influence of sponsorship and media on how a sport is perceived and consequently the money it can generate to grow further.

You will be evaluating the advantages and disadvantages of sponsorship and media and apply sporting examples to this. It is important that you are aware of real-world sporting issues.

TUDOR HABITS AND VALUES
 You will need to demonstrate thoughtfulness, kindness and integrity in understanding the complexities of the factors effecting participation. This topic needs maturity and an emphatic nature.

CAREER LINKS
 Working within Government sport agencies, manager at health and fitness centres, sport media and sponsorship companies to name but a few.

Spring Term 1

Spring Term 2