

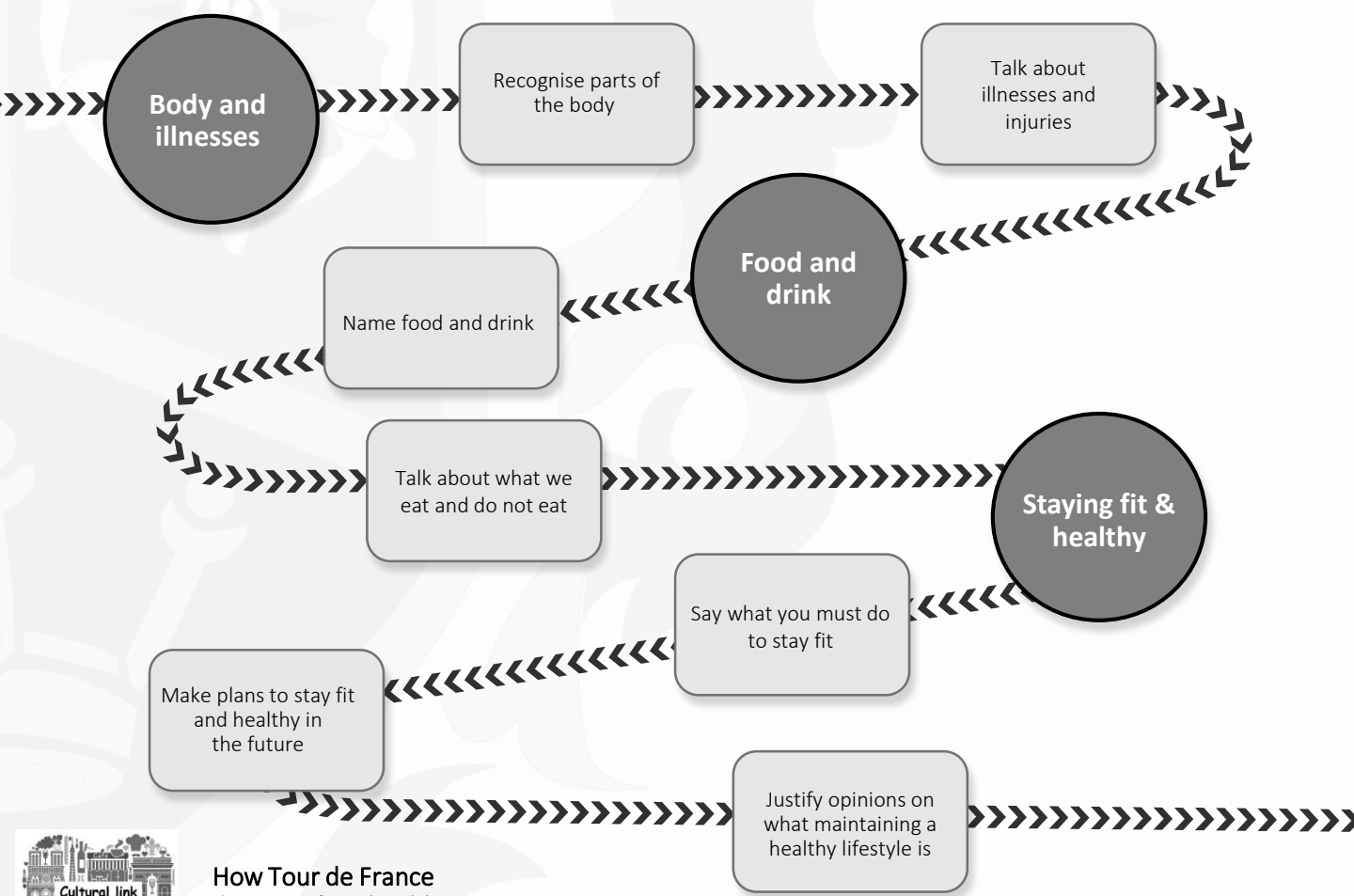
# LEARNING JOURNEY

# FRENCH

## La vie saine (Healthy Living)

Year 9 Autumn Term 2

In this topic you will discover a new tense, the simple future. You will use this fundamental tense to discuss future plans regarding our health and fitness. You will acquire knowledge of how to express concerns around illness and injury alongside different parts of the body, a skill which will draw upon prior learning of talking about feelings and expressing opinions. You will then discuss the area of healthy living and explore this topic through food, drink, sport, exercise, and daily issues such as sleep and stress, and interleave our new grammatical skills to make plans on how we ourselves can ensure we maintain a healthy and well-balanced lifestyle. You will achieve this by drawing upon prior learning of 'il faut' + an infinitive verb and by using both positive and negative sentence structures to give balanced arguments in French.



**TUDOR HABITS:** As we discuss our future intentions, and discover a new tense, this topic will require the value of resilience. Understanding that mastery takes time is one of the most important elements in MFL.

**VOCABULARY:**  
Simple future

Régime, rester/ être en forme, j'ai mal à, sain / en bonne santé