

LEARNING JOURNEY

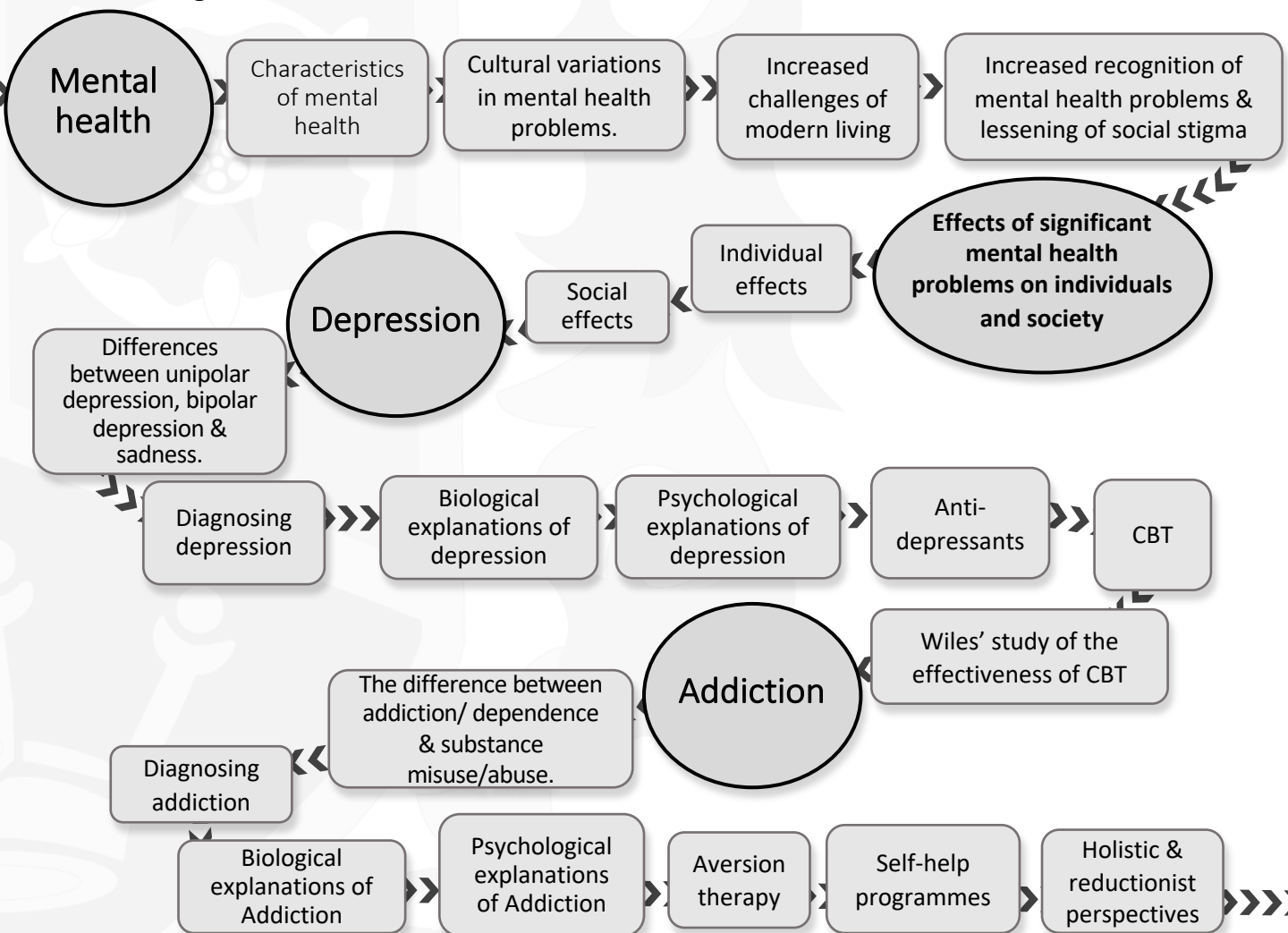
PSYCHOLOGY



Psychological problems

Year 11 Spring term

You will develop your understanding of wider effects of mental health illnesses and the stigma surrounding them. You will delve into the explanations and therapies of two mental health problems in depth; depression and addiction. Understanding mental health supports your resilience and allows you to better help others suffering with mental health concerns.



TUDOR HABITS AND VALUES: You will be delving into sensitive topics in Psychological problems that will require you to be courageous and gritty with your questions as well as kind and empathetic to those who people affected by mental health concerns, both in and outside of the classroom.

VOCABULARY: Society, coping, stigma, well-being, economy, low mood, serotonin, neurotransmitters, negative schemas, CBT, genetic, drugs, aversion therapy, self-help.