## LEARNING JOURNEY

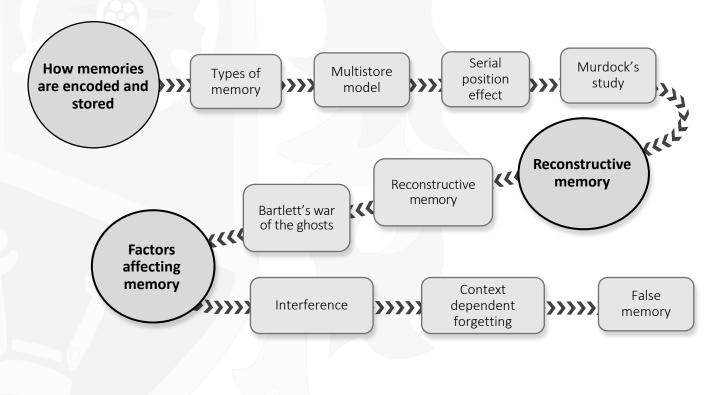
PSYCHOLOGY



## Memory

Year 10 Autumn term

Our memories are the fundamental building blocks of who we are. You will develop an understanding of memory processes, theories and structures. This will enable you to revise, rehearse and master knowledge that will prove vital for your revision strategies for GCSE and your future academic studies more expertly. Understanding key ideas as to how memory is an active process and something that needs frequent rehearsal and alterations to ensure it is processed at the deepest level.



## **TUDOR HABITS AND VALUES**

You will develop your understanding of process and not product through learning about how memory works. There is never a finished product when it comes to memory. **VOCABULARY:** Episodic, coding, capacity, duration, short-term memory primacy, recency, effort after meaning.