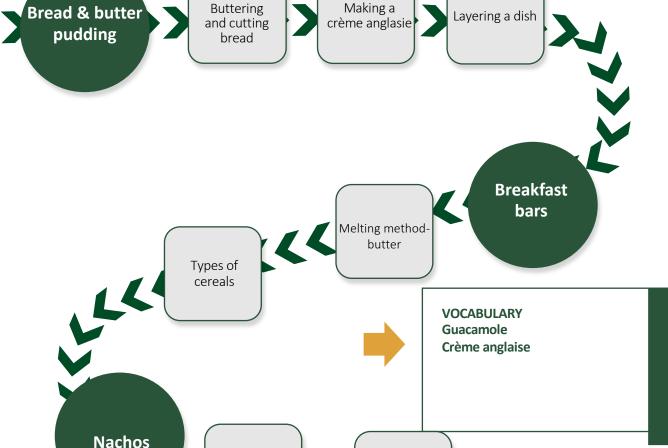
## **LEARNING JOURNEY**

## **HEALTHY LIVING**

## **UTILISING STORE CUPBOARD INGREDIENTS**



Transferring

wraps to tortilla chips

Making a

guacamole

This half term the focus will be on creating dishes using basic store cupboard ingredients such as bread, cereals, dried fruit, etc... The selected recipes will allow you to develop practical skills for quick and nutritional dishes and at the same time as using up ingredients approaching their use buy/best before date.

## **TUDOR HABITS AND VALUES**

This half term will give you the opportunity to implement process not product. You will recognise the step by step process of making nutritional savoury dishes. Implementing positive self-regulation when following these steps will be crucial.