



LEARNING JOURNEY

Rugby Union

F - A - C - T

This half term you will start off by recapping some of the fundamental skills looked at previously.

You will then look at attacking set moves that will enable your team to unlock the defensive structure.

Then, you will focus on different contact fundamentals that will be utilised in competitive situations.

The later end of the topic looks at implementing an attacking rugby structure that will create space for the team to exploit. It will conclude with advanced fundamental skills that could be used to enhance the game.

VOCABULARY

Eliminate, resilience, cohesion, composed / creativity

