

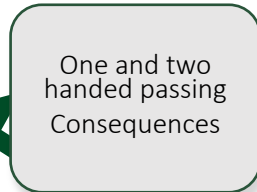
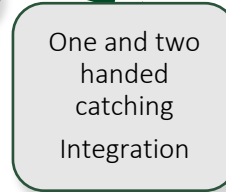


LEARNING JOURNEY

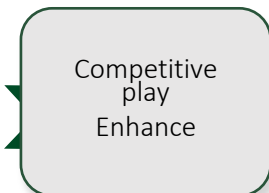
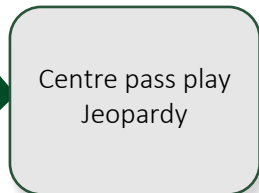
Advanced

Netball

F - A - C - T



What is the why behind your lesson today?



This half term you will start off by recapping key fundamental skills looked at previously. You will learn to refine these techniques and further advance these fundamentals so that you become a more fluid and effective player.

You will look at the tactics behind attacking and how to organise set plays in order to successfully create a pre-determined attacking sequence. As a defensive player, you will learn how to defend well in a variety of situations and how different areas of the court require different defence techniques.

Later on in the term, you will discover how to use the rules to your advantage and play quickly and with guile to outwit your opponent.

VOCABULARY

Optimise, Pressurised, Integration, Consequences
Alternatives, Proximity, Interposing, Jeopardy
Counteract, Discipline, Enhance