



# LEARNING JOURNEY

## Hockey

### F - A - C - T

This half term you will start off by looking at the key skills in hockey. This will draw upon similar skills within other sports.

You will later move on to looking at performance analysis and developing a more tactical awareness in game situations. Leadership opportunities such as a coach and official will be available to help with applying the rules of the game. Thus, pupils will also be encouraged to accept responsibilities of their actions.

Assessment lessons will give pupils the opportunity to enhance self-confidence through building on individual skills and team game play.

### VOCABULARY

Composed, possession, observation, eliminate, resistance, preparation, opposed, passive, awareness, conditioned, creativity, cohesion.

WE ARE HERE

Hockey

Self-passing  
Composed

Protecting  
the ball/  
Dribbling  
Possession

Push Pass and  
Slap Hit  
Observation

Beating an  
Opponent  
Eliminate

Block Tackle  
Resistance

Mid-term  
Assessment  
Preparation

Jab Tackle  
Opposed

Performance  
Analysis  
Passive

Attacking/  
Defensive Principles  
Awareness

Tactical Principles  
Conditioned

Short Corners  
Creativity

Assessment  
Lesson  
Cohesion

What will you include in your  
warm-up today?

What is the why behind your  
lesson today?