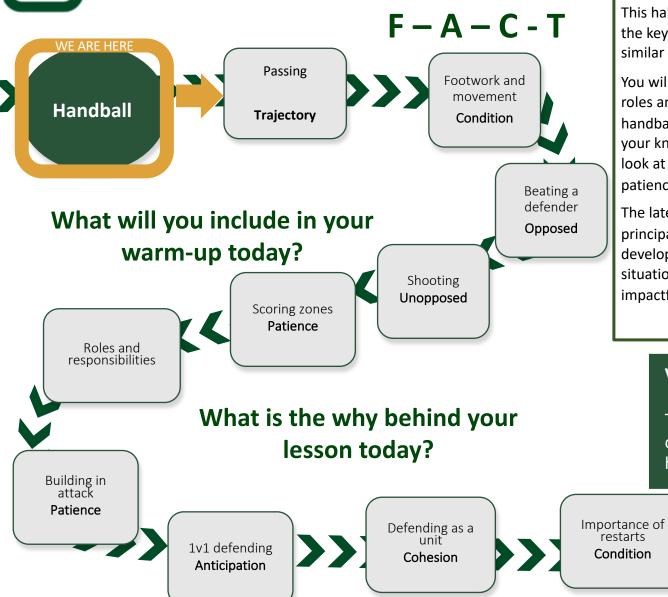
Fundamentals scheme

LEARNING JOURNEY



Handball

This half term you will start off by by looking at the key skills in handball. This will draw upon similar skills within other sports.

You will later move on to looking at the different roles and responsibilities of the players in handball, again you will be able to draw upon your knowledge of other sports. You will then look at how to build an attack effectively having patience in your attack.

The later end of the topic looks at defensive principals and provides opportunity for you to develop awareness through competitive situations to become a more fluid and impactful player on both ends of the court.

VOCABULARY

Trajectory, condition, opposed, un opposed, patience, anticipation, co hesion

Officiating and assessment

Condition