



LEARNING JOURNEY

Handball

F - A - C - T

This half term you will start off by recapping key fundamental skills looked at previously to activate the learning for the advanced skills.

You will then look at the tactics behind attacking. Focussing on the intricacies of your specific playing position and how you can best support in breaking down the opposition. This will build on previous learning of scoring zones and understanding roles. This will support you in effective game play when attacking.

The later end of the topic looks at defensive principals and provides opportunity for you to develop awareness through competitive situations to become a more fluid and impactful player on both ends of the court.

WE ARE HERE

Handball

Passing
Trajectory

Movement
with/without
the ball
Eliminate

Dribbling
Condition

Building in
attack
Transition

Role of the wing
Transition

Roles of the
centre/half
Resilience

What is the why behind your
lesson today?

Role of the
pivot/line
Eliminate

Screening
Eliminate

Defending as a
unit
Cohesion

Stealing the ball
Transition

Officiating and
assessment
Condition

VOCABULARY

Trajectory, condition, transition,
eliminate, resilience, cohesion