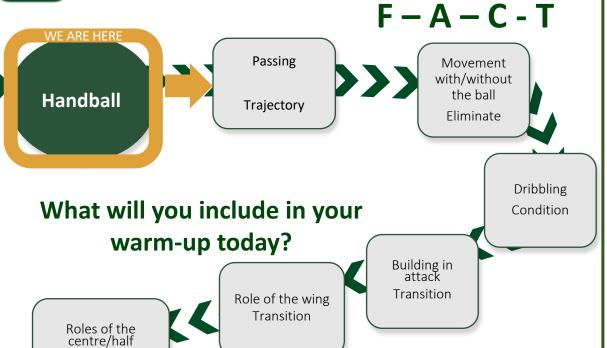


LEARNING JOURNEY

Handball



What is the why behind your

lesson today?

This half term you will start off by recapping key fundamental skills looked at previously to activate the learning for the advanced skills.

You will then look at the tactics behind attacking. Focussing on the intricacies of your specific playing position and how you can best support in breaking down the opposition. This will build on previous learning of scoring zones and understanding roles. This will support you in effective game play when attacking.

The later end of the topic looks at defensive principals and provides opportunity for you to develop awareness through competitive situations to become a more fluid and impactful player on both ends of the court.

VOCABULARY

Trajectory, condition, transition, eliminate, resilience, cohesion

Role of the pivot/line Eliminate

Resilience

Screening Eliminate

Defending as a unit
Cohesion

Stealing the ball Transition Officiating and assessment Condition