



LEARNING JOURNEY

Gaelic football

F - A - C - T

This half term you will start off by recapping key fundamental skills looked at previously to activate the learning for the advanced skills.

You will then look at the tactics behind attacking. Focussing on the intricacies of how to move with the ball and retain possession. This will build on previous learning during the fundamental scheme of work. This will support you in effective game play when attacking.

The later end of the topic looks at defensive principals and provides opportunity for you to develop awareness through competitive situations to become a more fluid and impactful player on both ends of the court.

WE ARE HERE

Gaelic football

Interleaving
fundamentals
Resilience

Speed solo
Opposed

Pressurised
solo
Composed

Retaining
possession
Weave

Contesting
possession
Opposed

The block down
Dispossess

What is the why behind your
lesson today?

Punt kick
Resilience

Hook kick
shooting
Resilience

Shooting for
points
Eliminate

Officiating and
assessment
Condition

VOCABULARY

Trajectory, condition, opposed, composed, weave, dispossess, eliminate resilience.