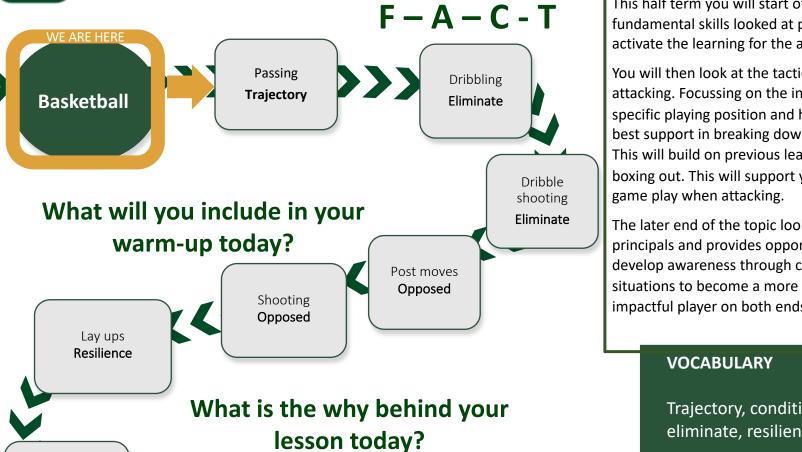


LEARNING JOURNEY

Basketball



This half term you will start off by recapping key fundamental skills looked at previously to activate the learning for the advanced skills.

You will then look at the tactics behind attacking. Focussing on the intricacies of your specific playing position and how you can best support in breaking down the opposition. This will build on previous learning of 5 out and boxing out. This will support you in effective

The later end of the topic looks at defensive principals and provides opportunity for you to develop awareness through competitive situations to become a more fluid and impactful player on both ends of the court.

> Trajectory, condition, transition, eliminate, resilience, cohesion



Individual defence Opposed

> Team defence Condition

Transition offence Transition

Offensive princi ples Cohesion

Officiating and assessment

Condition