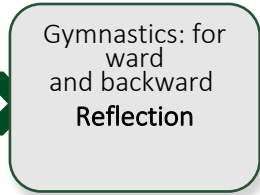
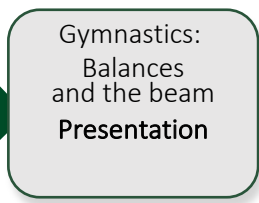
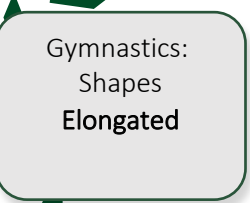
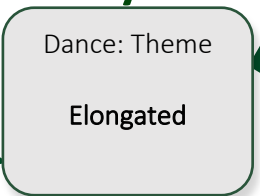




LEARNING JOURNEY

Aesthetics

F - A - C - T



This half term you will cover both Dance and Gymnastics within Aesthetics, where you will learn key skills, and movements of both. In the dance section of the half term, you will be able to display creativity through a variety of ways, such as the use of different formations and levels within your dance or motif, as well the creativity of the choreography. Within the gymnastics section, you will demonstrate the different shapes of gymnastics and how they are used within other areas of gymnastics, such as vaulting or rolls.

VOCABULARY

Creativity, Elevation, Imagination, Presentation, Elongated, Interpretation, Reflection

What will you include in your warm-up today?

What is the why behind your lesson today?

