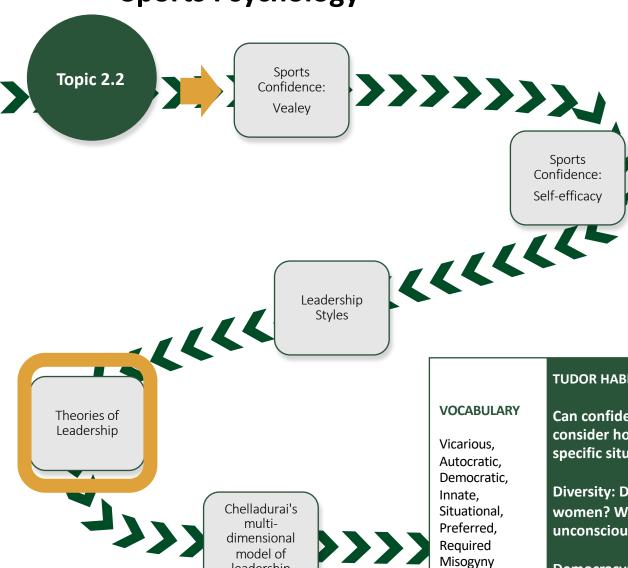
## **LEARNING JOURNEY**

## **Sports Psychology**



leadership

## A Level PE

This half-term you will further build on your knowledge of groups in sports from previous learning. Specifically, the importance of effective leadership in group performance. Prior knowledge will be revisited where you will apply understanding of social learning to theories of leadership. Now we are nearing the end of new content you will see the knowledge across the whole content coming through the main aspects of chelladuria's model of leadership. Again, we will revisit phases of learning and personality as we discover the best way to lead a group.

Through study this half term we will develop an understanding of how you can influence your own confidence levels in specific situations and how your perception of confidence can improve performance.

## **TUDOR HABITS AND VALUES**

Can confidence influence your resilience? We will consider how we can increase our confidence in specific situations using theory

Diversity: Do males make better leaders than women? We will explore stereotyping and unconscious bias through the 'Great Man' theory.

Democracy: What style of leadership did Hitler use? What effect can an autocratic leader have on a group