## **DISCRETIONARY TASKS – CHILD DEVELOPMENT**

Please find below additional distance learning tasks. These are optional extension tasks if students have completed work set on ShowMyHomework.

Discretionary Learning Tasks		Subject: Child Development	Year: Year 9/10
Week 1	Week 3	Week 5	
Extended Learning Task 1: Get permission from parents of a child and measure the weight & height of the child. Assess and comment using appropriate centile charts.	Extended Learning Task 1: Plan a day's meals for a young child. Give reasons for your choice.	Extended Learning Task 1: Mind map strategies for parents how to encourage young children to eat well.	
<b>Extended Learning Task 2:</b> <i>Create a magazine article explaining the development of</i> <i>the milk teeth and tips on caring for a toddler's teeth.</i>	Extended Learning Task 2: Design a factsheet identifying food safety risks when preparing meals for young children.	Extended Learning Task 2: Research Annabel Karmel and select 3 nutritious dishes for a young child from her cook books. Provide reasons for your decisions.	
Extended Learning Task 3: Write a list of 15 of the key words you have studied and write their definitions or a relevant fact next to them.	<b>Extended Learning Task 3:</b> <i>List 4 kitchen hygiene &amp; 4 personal hygiene rules to prevent food poisoning.</i>	Extended Learning Task 3: Investigate the range of foods available for children with food allergy or intolerance.	
Week 2	Week 4	Week 6	
Extended Learning Task 1: Design a creative, colourful mobile for a 3 month old's cot, giving reasons for your choice	Extended Learning Task 1: Create a poster highlighting all the essential nutrients a young child would need for a healthy lifestyle.	Extended Learning Task 1: Research different brands of baby food on the market. Using the information gathered explain which brand is the most popular and why.	
Extended Learning Task 2: Carry out some research on the different types of car seats available for children from birth to 5 year old. Provide a leaflet to give to parents using the information obtained.	Extended Learning Task 2: Create e a factsheet on the breastfeeding verses bottle- feeding debate providing advantages & disadvantages for both sides of the debate.	Extended Learning Task 2: Make a 30 question quiz (with answers) which reflects PIES (physical, intellectual, emotional & social) development.	
Extended Learning Task 3: Design a board game/jigsaw puzzle/craft activity for a 3 year old. Discuss how your design caters for physical development.	Extended Learning Task 3: Create a word search using specialist language from this topic. Provide a definition for each key word.	Extended Learning Task 3: Research 2 nutritional recipes for a young child. Using the methods, highlight health & safety points to take into account when preparing & cooking the dishes.	