

## FREE online Solihull Approach Parenting Courses

Solihull Approach online courses are FREE for ALL Solihull residents to gain knowledge, confidence and skills to support their parenting

A certificate can be downloaded once the course has been completed, although you don't have to do all the modules in one go - on returning to the website and signing in, your account will 'remember' where you have got up to

### HOW TO ACCESS:

- a) Go to [www.inourplace.co.uk](http://www.inourplace.co.uk)
- b) Create an account using an email address & password
- c) Scroll down to choose a course
- d) Click on 'Already got a discount coupon?'  
Select the relevant course
  - Understanding Your Child
  - Understanding Your Teenager's Brain
  - Understanding your child with additional needs
  - Understanding Your Baby
  - Understanding Your PregnancyInsert the access code - APPLEJACKS
- e) Click 'Apply coupon'



The courses work on laptops, PCs, smart phones and tablets.

Please note: a modern browser is required (e.g. Google Chrome, Firefox, Explorer 10)

For any technical issues, please contact the Solihull Approach team on 0121 296 4448 or via email to [solihull.approach@heartofengland.nhs.uk](mailto:solihull.approach@heartofengland.nhs.uk)



For further information please contact the Parenting Team via email to [bsmhft.parenting@nhs.net](mailto:bsmhft.parenting@nhs.net) or follow us on our Facebook page – Solihull Parenting Team