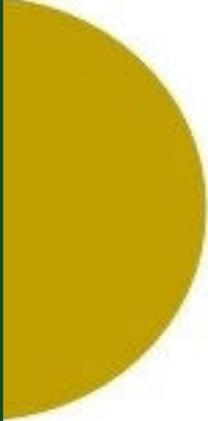




## Year 7 and 8 Minimum Expected Standards

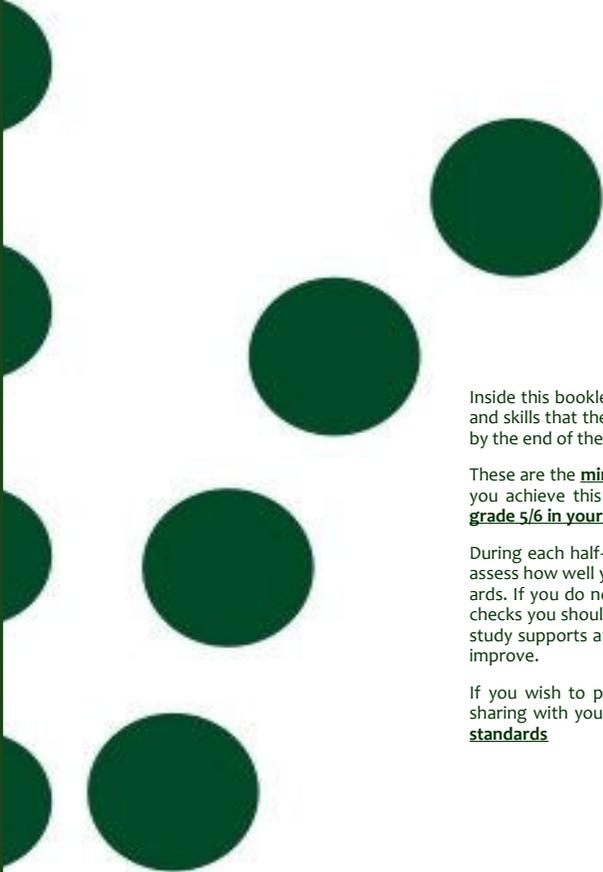
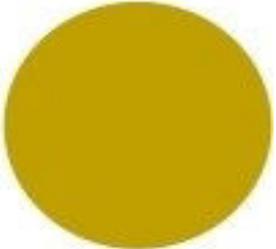
### Leadership

- I can lead a warm up with a peer.
- I can demonstrate some basic officiating in small sides games and competitive situations.
- I can create compositional ideas, tactics and strategies and implement them into a large group situation.



# Minimum Expected Standards

## PE Year 7 and 8



Inside this booklet you will find a summary of all the knowledge and skills that the academy expects you to master in this subject by the end of the year.

These are the **minimum standards** that we set for all students. If you achieve this you should be on track to achieve at least a **grade 5/6 in your GCSE** in year 11.

During each half-term you will have regular '**learning checks**' to assess how well you are progressing against the expected standards. If you do not reach the expected standard in any of these checks you should be seeking help from your teacher, asking for study supports and using the materials on TGiSpace to help you improve.

If you wish to push yourself further your teacher will also be sharing with you examples of how to go **beyond the expected standards**

**Tudor Grange Academy  
Solihull**

## Year 7 and 8 Minimum Expected Standards

*Students will participate in different sport each half term during lesson time and will be assessed in that sport based on the criteria below.*

### Physical attributes

- I can demonstrate appropriate physical fitness for the activity throughout the lesson in small practices and game situations.
- I can display good physical control during performances to allow for basic movements to be performed efficiently.
- My overall body strength is developing well and this is evident in fluency and control for most basic movements and some advanced movements.
- My cardiovascular endurance is developing well and is evident in stamina and effort levels remaining consistent throughout the activity.

### Decision making

- I can demonstrate an understanding of how to select and use appropriate basic skills on most occasions.
- I know my advanced skills and can select accordingly but not necessarily implement correctly all of the time.
- I know the basic rules and regulations and embed them into my performance.
- I know the importance of safety in sport and consistently evidence this in group work, compositional ideas and game play.
- I can analyse my strengths and weaknesses in a live performance and can communicate in relation to basic movements and some more advanced movements, to help improve performance of myself and others.
- I know basic tactics, strategies and compositional ideas and can implement into performance without teacher input.
- I can communicate basic strategies and tactics and can consistently implement them.

## Year 7 and 8 Minimum Expected Standards

### Range and quality of skills

- I can demonstrate most core skills for the activity in isolation.
- Under competitive pressure in authentic performance situations I can perform most core skills and with some advanced skills occasionally attempted.
- I can perform core and basic skills with good accuracy, control and fluency.
- I can combine basic and core skills together and am able to apply them well in basic practice settings and attempt them often in a competitive situation.
- I can describe advanced skills and can execute some of these skills in basic practice settings.
- My performance is starting to look aesthetically pleasing and I have a good understanding of how I can develop my performance in relation to the perfect model.

### Character

- I bring my PE kit to every lesson and am always organised with the correct equipment for each activity.
- I can demonstrate good support of other students during the activity, and regularly implement all of the Tudor Values into my approach to the activity.
- I can demonstrate the ability to motivate other students by reflecting on performance and giving insightful feedback.
- I take pride in regularly meeting all learning objectives to the very best of my ability.